

From Spokane: I-90-take the Spokane St. exit - left on Spokane St. right on Seltice Way stay in left lane- go to Idaho St.-left on Idaho St. first right on Polston- take Polston, we are 1590E Polston on right side across from NW Specialty Hospital



From Couer D Alene: I-90 West- take Seltice way exit- go right on Seltice Way- right on Idaho St. then right on Polston- we are 1590 E Polston on right side across from NW Specialty Hospital

